



Interference-free determination of carmine in food samples using ultrasonic assisted cloud point extraction coupled with spectrophotometry

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Abstract. In this study, a simple, green and cost effective method of extraction and preconcentration of carmine used as a food additive in some food samples was developed using ultrasonic assisted cloud point extraction (UA-CPE) before spectrophotometric determination. Carmine was extracted from the aqueous solution using polyoxyethylenesorbitan monolaurate (Tween 20) as the extraction solvent in presence of Ni(II) at pH 6.5. Variables such as pH, amount of metal, temperature, ultrasonic effect, solvent type, type and concentration of nanionic surfactant have been optimized in detail. Under the optimum conditions, the analytical characteristics of the method are as follows; linear working range 1.5-350 $\mu\text{g L}^{-1}$; the detection limit, 0.4 $\mu\text{g L}^{-1}$; and preconcentration factor, 80. The relative standard deviation (RSD%) obtained for the 10 $\mu\text{g L}^{-1}$ concentration (n: 5) of carmine was 3.7%. Recovery values for two different concentration levels were in the range of 94.8-104.7%. The accuracy and precision of the method were evaluated by intra- and inter-day studies. Finally, the method has been successfully applied to the determination of carmine in various foods.

Keywords: Carmine, food samples, ultrasound assisted extraction, green chemistry, spectrophotometry.

Spektrofotometri ile birleştirilmiş ultrasonik destekli bulutlanma noktası ekstraksiyonu kullanılarak gıda örneklerinde karminin girişimsiz tayini

Özet. Bu çalışmada, bazı gıda örneklerinde, carmine'nin spektrofotometrik tayin öncesi basit, yeşil ve düşük maliyetli özelliklere sahip ultrasonik yardımcı bulut noktası ekstraksiyonu (UA-CPE) geliştirilmiştir. Carmine, pH 6.5'de Ni (II) varlığında ekstraksiyon çözücüsü olarak polioksietilensorbitan monolaurat (Tween 20) kullanılarak sulu çözeltiden özütlenmiştir. pH, metal miktarı, sıcaklık, ultrasonik etki, solvent tipi, nanyonik yüzey aktif madde türü ve konsantrasyonu gibi değişkenler en uygun şekilde optimize edilmiştir. Optimum koşullar altında, yöntemin analitik özellikleri aşağıdaki gibidir; doğrusal çalışma aralığı 1.5-350 $\mu\text{g L}^{-1}$; tespit limiti, 0,4 $\mu\text{g L}^{-1}$; ve ön konsantrasyon faktörü, 80. Karminin 10 $\mu\text{g L}^{-1}$ konsantrasyonu (n: 5) için elde edilen bağıl standart sapma (% BSS) % 3.7 idi. İki farklı konsantrasyon seviyesi için geri kazanım değerleri % 94.8-104.7 arasındaydı. Yöntemin doğruluğu ve kesinliği, gün içi ve günler arası çalışmalarla değerlendirildi. Son olarak, yöntem çeşitli gıdalarda karmin tayini için başarıyla uygulanmıştır.

Anahtar Kelimeler: Carmine, gıda örnekleri, ultrason destekli ekstraksiyon, yeşil kimya, spektrofotometri.

1. INTRODUCTION

Synthetic food dyes are used in different industries such as paper, textile, ink, plastics, cosmetics, pharmaceuticals, beverages and food. Food dyes are widely used to make food more attractive and appetizing. Generally, food dyes have complex aromatic structures and are stable. Therefore, they

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are biodegradable. Carmine (E120), used as a food colouring, is a bright red pigment derived from the aluminium salt of carminic acid [1]. It is used as colouring pigments in cosmetic products such as pharmaceutical formulations, eye fir and lipstick as well as many different products such as carmine, fruit juices, ice cream, yogurt and sugar. Carmine, one of the synthetic food colors, is approved for use in the USA, Canada, Korea and the European Union [2]. Acceptable daily of carmine intake (ADI) is average 5 mg based on body weight [3]. Although the amounts of carmine added to foods and drinks are strictly controlled, their use may exceed the tolerable limit. Therefore, it is very important to observe the carmine dye levels in high-consumption food products.

In recent years, the number of studies on this subject has witnessed the importance of this problem. For the analysis of food dyes fast, accurate and emphasizes the need to develop selective techniques. Until now, various methods like differential pulse polarography (DPP) [4], stripping voltammetry (SV) [5], high performance liquid chromatography (HPLC) [6], and spectrophotometry [7] have been proposed for the determination of carmine in food samples. Chromatography and polarography methods are not considered as green analytical methods due to the use of hazardous organic solvents in the chromatography and the reduction of mercury in the polarography [8]. On the other hand, HPLC and capillary electrophoresis (CE) methods are interpreted as more effective alternative methods. However, these methods are expensive, time consuming, and generates waste containing a high proportion of organic solvent [9]. Despite the high sensitivity of electroanalytical methods, its selectivity is low. Disadvantages of the stripping voltammetry (SV) include longer analysis times compared to spectroscopic methods, as well as interference that can lead to limitations [10]. UV-visible spectrometry is an important tool in this area, with a low weight and low cost. In addition, it is often used in many areas such as chemistry, food, and environment. There are two main limitations to the spectrometric determinations of food dyes. The first is the lower analytical quantity than the

quantitative limits of the UV-visible spectrometry, and the other is the possible interference effect of other chemical species present in the samples. Preconcentration-separation methods such as solid phase extraction (SPE) [11,12], cloud point extraction (CPE) [13-16], solvent extraction (SE) [17], and ion exchange (IE) [18,19] were widely used to solve these problems. The current trend in analytical chemistry, especially for quality control applications, is the development of methods that include environmentally friendly less reactive consumption. For this reason, the cloud point extraction (CPE) method, which uses surfactants for the separation and preconcentration of carmine, was used in the study. The basis of the CPE method depends on the non-ionic surfactant in the aqueous solutions becoming cloudy (forming miscellaneous) when heated to a temperature known as cloud point temperature [20]. The micelle solution, which is above the cloud point temperature, forms two separate phases as the small volume surfactant rich phase and the diluted aqueous phase [21]. By centrifugation, the surfactant-rich phase tube is collected at the bottom and the aqueous phase is separated by decantation. The surfactant phase which is then dissolved in a suitable solvent can be analyzed by a suitable technique. In addition, this method is an alternative to conventional liquid liquid extraction (LLE) due to its high enrichment factor, less desirable sample size, lower toxic reagent use, elimination of large amounts of organic solvents, use of non-toxic surfactants, safer, simpler and more economical [22].

Sonication is a powerful aid in accelerating the various steps of the analytical process especially extraction and sample preparation steps [24]. Ultrasonic energy is released at the end through a cavitation process, which involves evacuation of the formation and breakdown of microbubbles to high temperatures [24]. This energy is of great help in the pre-treatment of solid and liquid samples as it facilitates and accelerates operations such as the extraction of different chemical species (organic, biological, and inorganic compounds) from different samples such as biologicals, environmental and foods [25-28].

The purpose of this study, for the determination of carmine dye used in food samples, was to develop an analytical method that is selective, sensitive, consuming less reagents, and environmentally friendly. To achieve this goal, a combination of ultrasound-assisted cloud point extraction and spectrophotometry was used to provide environmental and low-reagent consumption. The factors affecting the efficiency of extraction were examined systematically. The proposed method was compared with some methods in the literature in terms of analytical properties. After validation of the method, the method was successfully applied to the determination of carmine in various food samples with satisfactory results.

2. MATERIALS AND METHODS

2.1. Instrumentations

Spectrophotometric analysis was performed on a double-beamed Shimadzu UV-1800 PC spectrophotometry (Kyoto, Japan) equipped with 1.0 cm quartz cells. The injection volume and detection wavelength were 500 μ L and 510 nm, respectively. Ultrasonic bath (UCP-10 model, Seoul, Korea) was used for extraction of carmine and sample preparation. A Universal Hettich model centrifuge (London, UK) was used to separate the extract from the aqueous phase. All pH measurements were performed using a Selecta 2001 Sartorius model (North America) pH meter combined with a glass calomel electrode. A Labconco ultrapure water system (Kansas City, USA) was used to obtain ultra-pure water used in the experiments and 18.2 M Ω cm⁻¹ resistant water was obtained.

2.2. Reagents

All working reagents were purchased from Sigma (St. Louis, Mo., USA). Standard work solutions were prepared by gradual dilution of stock solutions. The stock carmin solution was prepared in ethanol-water (50:50, v/v) at a concentration of 0.1 mol L⁻¹ and stored at 4 °C in a refrigerator. The standard Ni (II) solution (1000 mg L⁻¹) was prepared by dissolving the nitrate salt in water. 5.0% (w/v) polyoxyethylene-isobutyl monolaurate (Tween 20) was prepared by dissolving 5.0 g of Tween 20 in methanol using an ultrasonic bath and diluting to 100 mL with water. The phosphate-

citrate buffer solution was prepared by mixing 35.2 mL of 0.2 mol L⁻¹ Na₂HPO₄ and 14.8 mL of 0.1 mol L⁻¹ citrate solutions for pH 6.5. Prior to the experiments, all vessels (glassware, low density and high density polyethylene bottles) were kept in 10% (v / v) HNO₃ for at least one day and then washed five times with ultrapure water.

2.3. Sample preparation

In order to investigate the feasibility of the developed method, some food samples (strawberries, rice, sour cherry, syrup, powdered drinks, biscuits and jellybeans) were randomly selected from the markets in Sivas/Turkey. Ultrasonically assisted extraction (UAE) method was used to prepare the selected samples for analysis. Sample preparation steps were performed as follows.

First, a mixer was used to homogenize 5.0 grams of food samples. These milled samples were then transferred to a 100 mL beaker and final volume was adjusted to 50 mL with pure water by adding 0.05 mol L⁻¹ NaOH solution. The extraction was performed by applying ultrasonic energy (300 W at 40 kHz ultrasound frequency) at room temperature in an ultrasonic bath until a clear solution was obtained [29]. The extract was then centrifuged at 4000 rpm for 5 minutes, and the pore size was adjusted to 0.45 mm by filtration through a membrane filter.

2.4. Ultrasonic assisted cloud point extraction

The recommended procedure was resumed as follows. First, a 3 mL aqueous sample solution containing 50 μ g L⁻¹ carmine was added to a 50 mL centrifuge tube, and then 1.25 mL of phosphate-citrate buffer solution was added to adjust the pH of the sample solution to 6.5. After adjusting the pH, 2.5 mL of 10 mg L⁻¹ Ni (II) solution was added to form a hydrophobic complex with carmine, and the solutions were diluted to about 45 mL with distilled water. After waiting 2 minutes to form the appropriate complex (Carmine-Ni), 1.0 mL of 5.0% (w / v) Tween 20 was added to the solution

and the final volume was 50 mL. The mixture was then sonicated in an ultrasonic bath for 10 minutes at 55 °C to provide cloudiness of the surfactant. The surfactant phase was separated from the aqueous phase by centrifugation at 4000 rpm for 5 minutes. The upper aqueous phase was then withdrawn with a syringe. To reduce the viscosity of the surfactant rich phase, the remaining phase was added to 500 μL of methanol and transferred to a quartz cell. Finally, the absorbance reactivated versus schooled at 510 nm.

3. RESULTS AND DISCUSSION

3.1. Optimization of UV detection wavelength

To determine the wavelength of the complex, the absorption spectrum as a function of reactive vacancy and the carmine concentration was investigated in the wavelength range of 350-650 nm. The studies were conducted under optimum conditions for three different concentrations of carmine.

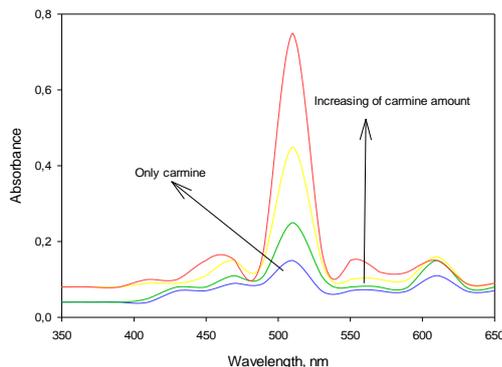


Figure 1. Spectra obtained depending on concentration of carmine (10, 50, 100 $\mu\text{g L}^{-1}$) under optimal conditions

As can be seen in Figure 1, it is understood that in the presence of Ni (II) there is a large absorption

peak at about 510 nm with a significant sensitivity difference and a linear relationship with the carmine concentration. Therefore, the absorbance measurements were continued at 510 nm to increase the detection sensitivity. This shows luminescence with a red shift of 65 nm with fluorescence-specific carminic acid (λ_{ex} : 493 nm, λ_{em} : 593 nm) with Al (III) (λ_{ex} : 517 nm, λ_{em} : 582 nm) in contrast to the luminescence of carmine, which forms stable complexes with Ni (II) ions but does not cause any wavelength shift due to the effect of low energetic ligand [30]. In the aqueous mica medium, the absorption wavelength of the NiL_2^{2-} or H_2Ni_2 complex in the presence of Tween 20 shifted to 13 nm due to H-bonding, π - π staking and hydrophobic interactions.

3.2. Optimization of extraction conditions

In this study, the optimization of the variables that could affect the extraction efficiency was carried out by monitoring the recovery. Recovery for each variable was calculated according to the following formula.

$$\text{Recovery, \%R} = \frac{C_{\text{int}} \cdot V_{\text{int}} - C_{\text{final}} \cdot V_{\text{final}}}{C_{\text{int}} \cdot V_{\text{int}}} 100$$

The meanings of the indices in the form are as follows. C_{int} : initial concentration, V_{int} : initial volume, C_{final} post-concentration, V_{final} final volume. For each optimal point worked, % R is calculated according to the formula above. The amount at which the highest %R ratio is obtained is chosen as the most appropriate value for that variable. The operating range and optimum value of each parameter are given in Table 1.

Table 1. Optimization of analytical variables affecting the complex formation and extraction efficiency of carmine

Parameters	Working Range	Optimum Value
pH	2.5-10.5	6.5
Ni(II) volume (10 $\mu\text{g L}^{-1}$), mL	0.0-3.0	2.5
Tween 20 volume (%5.0, a/h), mL	0.0-3.0	1.0
Sample volume, mL	5-150	40
Equilibrium Temperature, °C	25-70	55
Ultrasonic time, dk	1-30	10
Centrifugal rate, rpm	1000-4000	4000
Centrifugal time, min	1-10	2

The first parameter to be optimized in the extraction procedure is the pH of the solution. Because the pH of the solution directly affects the chemical form of the reagents. The optimum pH value should be selected to form the complex containing analyte. For these reasons, the effect of pH on the recovery of Carmine was studied in the presence of Ni (II) in the range of 2.5-10.5. The results obtained are given in Figure 2 (a). From pH 2.5 to 6.5, % R rapidly increased, but there was no

significant change from pH 6.5 to 8.5. There was a significant decrease in %R at higher pH values. This decrease in extraction yield comes from the hydrolysis of Ni (II) ions. In further studies, the pH for the extraction of carmine was chosen as the optimal value of 6.5 and the pH adjustment was carried out with 0.1 mol L⁻¹ phosphate-citrate buffer solution.

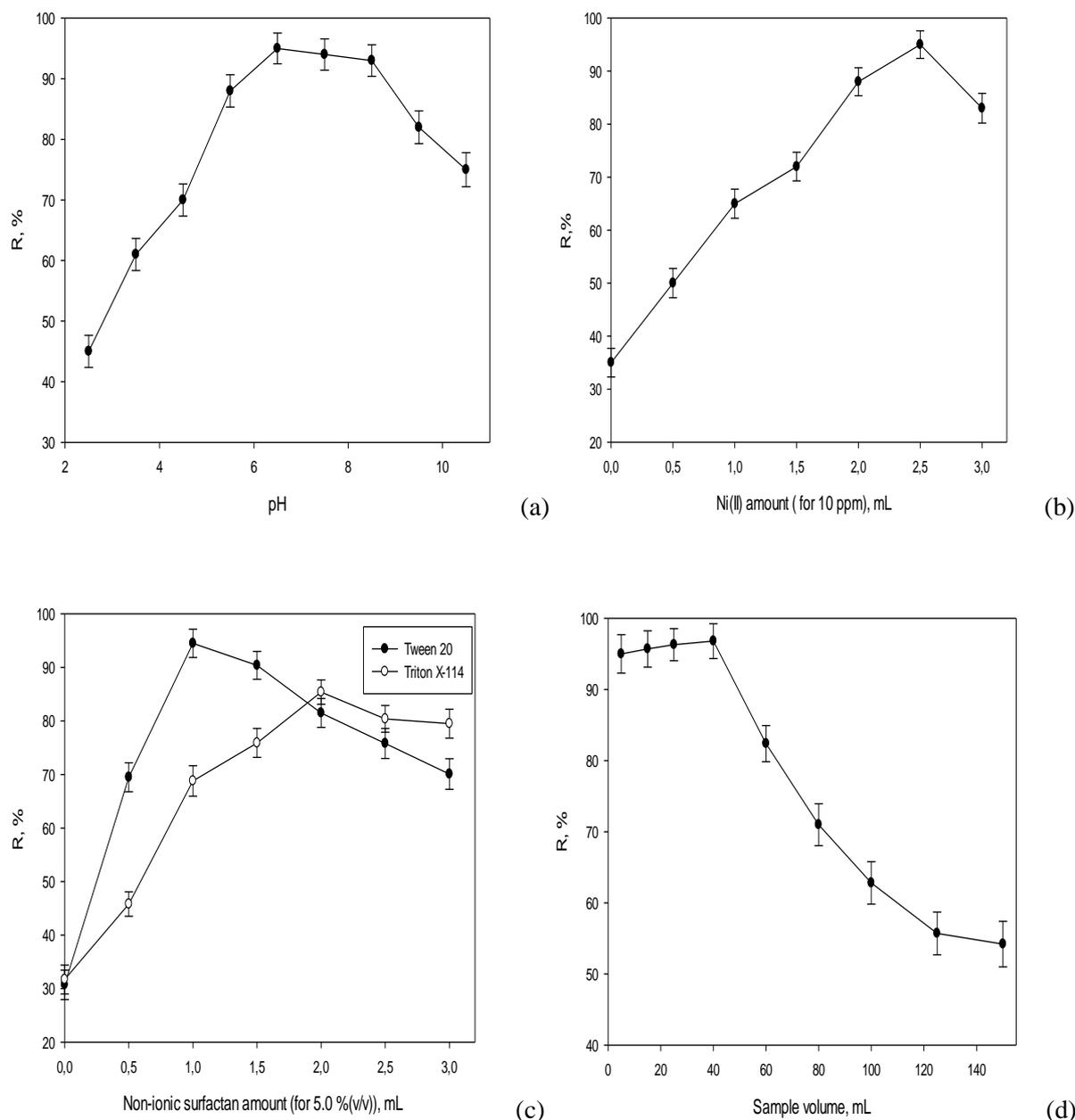
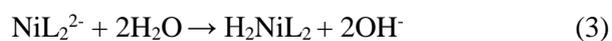
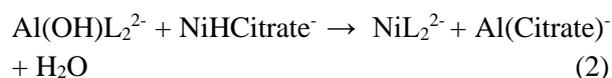
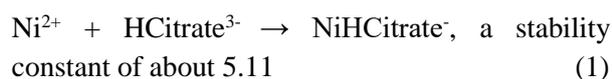


Figure 2 (a-d). Optimization study of some parameters affecting the extraction method

Preliminary experiments were carried out at pH 6.5 with some transition metal ions such as Cu (II), Fe (III) and Ni (II) in equal molar concentrations to form a chelate complex at the appropriate and sufficient consistency with the carmine in the phosphate-citrate buffer. It has been found that the best chelate complex formation and phase separation are obtained in a manner that gives maximum sensitivity when Ni(II) is used. This is due to the coordination of the positive charge of the Ni(II) ion with the phenol and keto groups of the ligand as a result of the concentration-dependent displacement-based complex formation with the $Al(OH)L_2^{2-}$ (Which can give ionic and stable metal complexes with pKa values of 2.81, 5.43 and 8.10) can be explained by the formation of chelates as a result of the decrease of the polarity of the Ni (II) ion [31].



As a consequence of the increased acidity of the complex over the critical micelle concentration (CMC), the H_2NiL_2 chelate complex will readily pass through the surfactant-rich surfactant complex in a hydrophobic interaction with the hydroxyl and polar ethoxy groups of Tween 20. Then, the effect of the amount of Ni (II) in the constant concentration (10 mg L^{-1}) of carmine in% GC was investigated between 0.0-3.0 mL, keeping other parameters constant. As can be seen from Figure 2 (b), the % R is about 35% in the absence of Ni (II), but increases rapidly with increasing Ni (II) content. When 2.5 mL of the Ni (II) solution was used, the % R value was not quantitatively ($\sim 95\%$). On the other hand, in the presence of higher Ni (II), a decrease in % R was observed because the excess of Ni (II) ions pass into the surfactant phase. For these reasons, 2.5 mL Ni (II) solution was used for carmine extraction in subsequent studies.

Surfactant concentration and species are critical factors to shift to the surfactant phase of the resulting Carmine-Ni complex and should be sufficient for the quantitative extraction of the analyte. In addition, as the non-ionic surfactant volume increases, a more efficient mass transfer from the sample solution to the surfactant-rich phase can be expected. Therefore, in order to obtain the highest possible recovery value, the extraction procedure should be carefully investigated to identify the minimum required surfactant volume. For this purpose, the effect of Tween 20 and Triton X-114 non-ionic surfactants on carmine recovery was investigated at a constant concentration (5%, w/v) in the range of 0.0-3.0 mL. As can be seen in Figure 2 (c), the best recovery was obtained when 1.0 mL of Tween 20 was used. As the volume of the surfactant-rich phase obtained after centrifugation is increased, the dilution agent in the higher volumes is used. Therefore, the final volume has increased. Hence, in subsequent experiments 1.0 mL of 5.0% (w / v) Tween 20 was used to achieve good phase separation and high recovery.

Optimization of sample volume is important for both the sensitivity and the enrichment factor because carmine is found in trace quantities in food samples. The effect of sample volume on the recovery of carmine was investigated under optimum conditions from 5 mL to 150 mL and the obtained data is given in Figure 2 (d). The results of the study show that extraction after 40 mL of sample volume is reduced. For this reason, the enrichment factor was calculated as 80 with the highest sample volume (40 mL) to final volume (500 μ L).

Ultrasonic time is an important parameter to accelerate the surfactant mass transfer. The time required for the two phases (aqueous phase and surfactant phase) to reach equilibrium is called the extraction time. The effect of ultrasonic time on the % GK was investigated for 1 to 30 minutes by applying ultrasonic power to the same specimens (300 W, 40 kHz). From studies, mass transfer is not

quantitatively complete, so it can be said that the % R was very low when the duration of sonication was below 5 minutes. The best recovery was achieved within 10 minutes and no significant change in recovery was observed for longer periods. In subsequent studies, 10 min was selected as the ultrasound duration for carmine extraction. The temperature may facilitate clouding by affecting the water solubility of the extracting non-ionic surfactant (Tween 20). Furthermore, in extractions experiments, the temperature of the experimental environment must be above its clouding temperature in order for the surface-active material used to obtain a cloudy appearance, or clouding does not occur. For this reason, the effect of equilibrium temperature on recovery is investigated under optimum conditions from room temperature to 70°C. At temperatures lower than 55°C, the phase separation is very low as cloud formation is not complete. At higher temperatures, there was no phase separation due to possible degradation of the complex inverse. For this reason, the optimum equilibrium temperature for extraction of carmine was 55°C in subsequent studies.

After subjecting the test tubes to centrifugation at 4000 rpm for 5 minutes, the resulting surfactant rich phase was highly viscous and low in volume. For this reason, the final volume of the phase prior to spectrophotometric determination was set to 500 µL with methanol.

3.3. Selectivity study

After optimizing the variables that could affect the extraction, the selectivity of the selected chemical medium was tested. Method selectivity is very important for carmine extraction. As the method is developed using model solutions, potential chemical species in food samples can reduce recovery by affecting carmine's complex formation. For this reason, a wide range of intervention studies have been conducted and tolerance limits and recovery values have been determined for each species. The tolerance limit is defined as the ratio of the concentration to the concentration of carmine in the entrepreneurial

analytical signal that causes a failure of less than ± 5%. It is clear that there is no significant interference effect as shown in Table 2. In short, the proposed method has a high tolerance limit for foreign ions and can be reliably applied to the identification and extraction of carmine in food samples.

Table 2. Effect of possible interfering species on the extraction efficiency of carmine

Foreign Ions	Tolerance Limit	Recovery, %
Cd ²⁺	1000	102.1
Mg ²⁺	1000	97.7
Al ³⁺	1000	98.5
Br ⁻	750	101.4
SO ₄ ²⁻	750	96.9
Ag ⁺	750	96.7
Co ²⁺	750	96.8
Pb ²⁺	500	102.5
Tartrazine	500	97.7
Amaranth	500	95.3
Sudan (I-III)	500	96.4
Cr ³⁺	250	103.9
Brilliant Blue	250	95.4
Ponceau 4RC	200	95.1
Cu ²⁺	100	95.0
Mn ²⁺	50	94.4
Zn ²⁺	50	93.7

3.4. Analytical features of proposed method

The analytical properties of the method were tested in two different ways, after optimizing the variables that might affect the extraction process. First, a calibration equation using the model solution under optimum conditions, linear working range, limit of detection (LOD) and the limit of quantification (LOQ), the enrichment factor (EF), the relative standard deviation (% RSD) and some analytical including recovery% parameters were determined. In the second study, the same analytical properties were found by matrix matching by adding carmine to sample solutions at different concentrations. Both studies were repeated five times.

Calculation graphs were generated for both model solutions and matched solutions and the slopes were compared with the Student t-test. For possible matrix effect, the matrix is 95% with the

slopes of the matching standard curve, there is no significant difference between the model standard curve for confidence level and four degrees of freedom. The calculated t-factor (1.73) was below the critical Student's t (2.78), so that calibration equation obtained using model solutions in the analysis of food products could be used reliably. The detail result was shown in Table 3.

Table 3. Analytical characteristics of the method for model solutions and matrices-matched solutions

Analytical Features	For model solutions	For matrix-match solutions
Calibration equation	$A=8.25 \times 10^{-3}[\text{carmine}] + 3.21 \times 10^{-4}$	$A=7.85 \times 10^{-3}[\text{carmine}] + 4.38 \times 10^{-4}$
Linear range, $\mu\text{g L}^{-1}$	1.5–350	2-300
Limit of detection (LOD, n:12, $3\sigma_b/m$), $\mu\text{g L}^{-1}$	0.4	1.1
Limit of quantification (LOQ, n:12, $10\sigma_b/m$), $\mu\text{g L}^{-1}$	1.5	3.6
Relative standard deviation (%RSD)	3.7	3.9
Recovery, %	94.8-104.7	92.4-102.7
Preconcentration factor (PF)	80	80

Table 4. Results for the determination of carmine in food samples by the proposed method

Food Samples	Added ($\mu\text{g L}^{-1}$ or $\mu\text{g kg}^{-1}$)	Found ($\mu\text{g L}^{-1}$ or $\mu\text{g kg}^{-1}$)	Recovery (%)	RSD (%)
Candy	-	120.7	-	2.6
	20	136.2	96.8	2.8
	50	167.3	98.0	3.2
Apricot jam	-	116.7	-	2.9
	20	140.1	103.1	3.1
	50	170.7	102.4	3.3
Cherry jam	-	95.4	-	2.9
	20	110.2	95.5	3.1
	50	140.7	96.8	3.3
Strawberry jam	-	183.1	-	3.0
	20	198.8	97.5	3.2
	50	229.8	98.6	3.4
Powder beverage (sour cherry)	-	195.8	-	3.1
	20	204.6	94.8	3.3
	50	235.9	96.7	3.4
Powder beverage (peach)	-	145.6	-	2.8
	20	158.3	95.9	2.9
	50	189.9	97.1	3.2
Strawberry biscuit	-	55.7	-	2.7
	20	77.7	102.6	28
	50	108.3	101.2	3.1
Banana biscuit	-	30.8	-	2.4
	20	52.7	104.7	2.5
	50	82.8	102.5	2.7
Jelibon	-	125.5	-	2.8
	20	142.2	97.7	2.9
	50	173.0	98.6	3.1

3.5. Precision, accuracy and applications

Since we do not have a certified reference material containing carmine, two different studies have been conducted to test the correctness and accuracy of the proposed method. The accuracy of the proposed procedure was evaluated by intra-day (x) and inter-day (y) reproducibility studies. This process was performed as follows. For each study, three different carmine concentrations were added to the food samples and the results of three replicate analyses on three different days were calculated from the coefficient of variation (CV) $\% = 2^{(1-0.5 \log C)}$ from the Horwitz equation.³² Where C is concentration with $\mu\text{g L}^{-1}$ units. CV_x and CV_y were calculated as described in the ISO 5725-2 guidelines [32] and ranged between 1.8-3.4% and 2.1-3.5% respectively. All CVs, intra-day (7.2%) and inter-day (11.3%), It was below the maximum values allowed by the Horwitz equation. The proposed procedure has examined the correctness of the recovery process. This process was performed as follows. Two different carmine concentrations were added to each food sample, and then the general extraction procedure was applied to these samples for the carmine assay. Quantitative recovery values were obtained during the studies. This suggests that the correctness of the

proposed method has been tested safely. Detailed results are given in Table 4.

As is known, carmine is used as food dye. For this reason, food samples that are important for human health and that are consumed more are selected to test the analytical feasibility and reliability of the proposed method. Food samples were prepared for analysis as described in Section 2.3. 3.0 mL of the prepared samples were subjected to the recommended extraction procedure. The standard addition method was used to test for correctness during the analysis.

3.6. Comparison with the other methods

The contribution of the proposed method to the literature has been shown more clearly compared to other methods. The results are detailed in Table 5. As can be seen, it has been observed that the analytical properties obtained using this method are better or comparable to those of other methods. The present method has certain advantages such as low toxicity, simplicity and low cost compared to expensive, time consuming, complex but precise techniques which require a specialist user in his field such as HPLC-PDA, SWV and DPP.

Table 5. Comparison of analytical parameters of the proposed method with some of the methods reported in literature

Samples	Method	LOD	liner range	RSD, %	Recovery, %	Reference
Foods	SE/HPLC	0.4 mg L ⁻¹	1.0–100.0 mg L ⁻¹	6.8	94.1	[33]
Ice cream and soft drinks	SV	0.002 mg L ⁻¹	0.05–0.14 mg L ⁻¹	2.2	97.2	[34]
Confectionery and milk	DPP	0.18 mg L ⁻¹	1.1–100.5 mg L ⁻¹	7.8	95.0	[35]
Foods	Spectrophotometry	0.012 mg L ⁻¹	0.04–5.0 mg L ⁻¹	4.0	100.0	[36]
Foods	Spectrophotometry	0.4 $\mu\text{g L}^{-1}$	1.5–350 $\mu\text{g L}^{-1}$	3.7	94.8-104.7	The current method

4. CONCLUSION

In this study, a simple, easy to use, low cost and environmentally friendly method for the carmine determination of food samples was developed using ultrasonically assisted extraction before spectrophotometric detection. The effects of the

main parameters such as solution pH, surfactant and metal concentration, ultrasonic time and temperature have been researched and optimized. After optimization of the experimental conditions, satisfactory results were obtained for the accuracy and precision of the method. According to our

literature review, this study is one of a limited number of studies done spectrophotometric for ultrasound-assisted extraction of carmine for trace levels in food samples. The method is simple, sensitive, selective and environmentally friendly to determine carmine in food samples and also does not require complex techniques such as high performance liquid chromatography or stripping voltammetry. Therefore, this method can be safely applied to effectively monitor carmine in terms of food safety in food products.

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