# Protective Effect Of P-Coumaric Acid As Free Oxygen Radical Scavenger In Experimental Renal Ischemia-Reperfusion Model

Deneysel Renal İskemi Reperfüzyon Modelinde Serbest Oksijen Radikali Temizleyici Olarak P-Kumarik Asit'in Koruyucu Etkisi

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AUSUIDUL						
Aim	The aim of this study is to evaluate the antioxidant effect of p-Coumaric Acid (p-CA) on tissue damage due to ischemia-reperfusion in rat kidney tissue. (Sakarya Med J 2018, 8(3):625-631)					
Methods	Is Thirty-two 12-16 week-old Wistar Albino female rats weighing 200-250 g were used in this study. Rats underwent right nephrec intraperitoneally with an incision made in the dorsal region under ketamine (75 mg/kg) and xylazine (8 mg/kg) anesthesia. These rats randomly divided into four groups in equal numbers (n = 8). Groups were classified as the sham (S), renal ischemia-reperfusion (50 mg/kg p-CA with R-IR (p-CA 50), and 100 mg/kg p-CA with R-IR (p-CA 100). After the dorsum of all rats was opened and the nephrectomy was performed, all groups except sham were clamped on the left renal artery and ischemia and reperfusion protocc performed. P-CA was administered in two doses, 60 min before ischemia and 30 min before reperfusion. Total antioxidant levels to tail axidant level (TOS), superoxide dismutase (SOD), malondialdehyde (MDA), and myeloperoxidase (MPO) levels of left kidney measured spectrophotometrically, and oxidative stress index (OSI) was calculated.					
Results	TOS, MDA, MPO, and OSI values increased in R-IR group compared to S ( $p$ <0.01), while TAS and SOD values decreased. Increase in TAS and SOD values, a decrease in TOS, MDA, MPO, and OSI values were observed in P-CA applied groups ( $p$ <0.05).					
Conclusion	Our findings indicate that p-CA administration in renal ischemia-reperfusion injury may play a role in protecting tissue by reducing oxidant damage.					
Keywords	p-coumaric acid; renal ischemia-reperfusion injury; oxidative stress.					
Öz						
Amaç	Bu çalışmanın amacı, sıçan böbrek dokusunda iskemi-reperfüzyona bağlı doku hasarı üzerine p-kumarik asit (p-CA)'in antioksidan etkisini değerlendirmektir. ( Sakarya Tıp Dergisi 2018, 8(3):625-631 ).					
Yöntem	12-16 haftalık 200-250 gr otuz iki adet Wistar Albino cinsi dişi sıçan temin edildi. Sıçanlara intraperitonal olarak ketamine (75 mg/kg) ve xylazine (8 mg/kg) anestezisi altında sırt bölgesinden yapılan bir kesi ile sağ nefrektomi uygulandı. Bu sıçanlar randomize olarak dört gruba eşit olarak bölündü (n=8). Gruplar; sham (S), renal iskemi-reperfüzyon (R-IR), R-IR ile 50 mg/kg p-kumarik asit (p-CA 50) ve R-IR ile 100 mg/kg p-kumarik asit (p-CA 100) uygulanan grup olarak sınıflandırıldı. Sham hariç diğer gruplardaki sıçanların sırt bölgesi açılıp sağ nefrektomi yapıldıktan sonra sol renal arter klemplenerek iskemi ve reperfüzyon protokolü uygulandı. P-kumarik asit iskemiden 60 dk önce ve reperfüzyon başlangıcından 30 dk önce olmak üzere iki doz şeklinde uygulandı. İşlemler tamamlandıktan sonra sol böbrek total antioksidan düzevi (TAS), total oksidan düzevi (TAS). süperoksit dismutaz (SOD), malondialdehit (MDA) ve mveloperoksidaz (MPO) seviveleri spektro-					
	fotometrik yöntemlerle ölçüldü. Oksidatif stres indeksi (OSI) hesaplandı.					
Bulgular	fotometrik yöntemlerle ölçüldü. Oksidatif stres indeksi (OSI) hesaplandı. R-IR grubunda S ile karşılaştırıldığında TAS ve SOD değeri düşerken, TOS, MDA, MPO ve OSI değerleri yükseldi (p<0.01). P-CA uygulanan gruplarda TAS ve SOD değerinde yükselme, TOS, MDA ve MPO değerlerinde ise düşme gözlendi. (p<0.05).					
Bulgular Sonuç	fotometrik yöntemlerle ölçüldü. Oksidatif stres indeksi (OSI) hesaplandı. R-IR grubunda S ile karşılaştırıldığında TAS ve SOD değeri düşerken, TOS, MDA, MPO ve OSI değerleri yükseldi (p<0.01). P-CA uygulanan gruplarda TAS ve SOD değerinde yükselme, TOS, MDA ve MPO değerlerinde ise düşme gözlendi. (p<0.05). Bulgularımız, renal iskemi reperfüzyon hasarında p-CA uygulamasının oksidan hasarı azaltarak dokunun korunmasında rol oynayabileceğini göstermektedir.					
Bulgular Sonuç Anahtar Kelimeler	fotometrik yöntemlerle ölçüldü. Oksidatif stres indeksi (OSI) hesaplandı. R-IR grubunda S ile karşılaştırıldığında TAS ve SOD değeri düşerken, TOS, MDA, MPO ve OSI değerleri yükseldi (p<0.01). P-CA uygulanan gruplarda TAS ve SOD değerinde yükselme, TOS, MDA ve MPO değerlerinde ise düşme gözlendi. (p<0.05). Bulgularımız, renal iskemi reperfüzyon hasarında p-CA uygulamasının oksidan hasarı azaltarak dokunun korunmasında rol oynayabileceğini göstermektedir. p-kumarik asit,iskemi-reperfüzyon hasarı; oksidatif stress.					

#### Introduction

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TANYELI et al. umaric Acid in Experimental Renal Ischemia-Reperfusion Model Ischemia/reperfusion (IR) damage is characterized by restraint of blood supply to tissues and subsequent restoration of oxygenation with blood flow.<sup>1</sup> The damage is further complicated by the release of oxygen-derived free radicals into the tissue, although reperfusion is necessary for ischemic tissue survival.<sup>2</sup> Renal ischemia-reperfusion (R-IR) injury may be resulted in due to renal transplantation, shock, sepsis and surgical procedures despite great clinical efforts.<sup>3</sup> IR injury is the primary cause of high mortality in acute renal insufficiency, the R-IR model in fighting against this injury is used in experimental studies widely.<sup>4,5</sup>

Acute renal insufficiency occurs in approximately 5% of hospitalized patients and 30% of patients in intensive care units.<sup>5,6</sup> Although the pathophysiology of R-IR injury is complex; basically increased inflammation plays a major role in the responsibility.<sup>7</sup> Severe responses in ischemia, including activation of reactive oxygen species (ROS), neutrophils, inflammatory mediators such as cytokines and adhesion molecules, play a role in the onset of R-IR injury.<sup>1</sup> In addition, R-IR causes an inflammatory cascade contributing to even more damage, thus control of inflammatory reactions on R-IR damage is often considered a therapeutic target to protect kidney.<sup>8,9</sup>

Post-ischemic reperfusion is characterized by elevated ROS with inflammation, leukocyte infiltration, neutrophil accumulation as a consequence of tissue reoxygenisation disorders. ROS production and toxic molecules interact with cellular molecules and this interaction causes to cellular damage.<sup>10</sup> ROS causes to lipid peroxidation and MDA, the end product of lipid peroxidation, is a biomarker of tissue damage.<sup>10</sup> Oxidative mechanisms lead to tissue damage when they are dominant for any reason.<sup>11</sup> Lipid peroxidation is an autocatalytic cascade that leads cell death with the increase of cell membrane permeability leading to oxidative damage to cellular membranes.<sup>12</sup> MDA is a good indicator of lipid peroxidation.<sup>13-15</sup> Another parameter known as an oxidant in the cell is the MPO enzyme.<sup>16,17</sup> MPO is secreted by neutrophils and used as a marker of neutrophil activation which is caused by IR damage.<sup>10</sup> In one study, serum liver MDA levels and liver tissue MPO activity were increased in the IR model in rats.<sup>18</sup>

p-CA is a phenolic acid of the hydroxycinnamic acid family.<sup>19</sup> It is synthesized from phenylalanine and tyrosine. p-CA is commonly found in fruits, vegetables, grains, and rye.<sup>20</sup> p-CA is a well-documented antioxidant known to have radical scavenging activity.<sup>21,22</sup> Yue Y. et al. showed that p-CA reduces oxidative stress.<sup>23</sup> It has been demonstrated that p-CA has antifungal, antiviral, anti-melanogenic, antioxidant, and anti-inflammatory effects.<sup>24,18</sup> Therefore, in this study, the effects of p-CA on oxidant/antioxidant balance in the R-IR model were investigated via biochemical measurements.

# Materials And Methods Experimental Protocol

12-16 week-old 200-250 g weight Wistar Albino female rats obtained from Atatürk University Experimental Animal Laboratory were fasted overnight for ischemia and reperfusion experiments and were only allowed to reach the water. Rats underwent right nephrectomy with an incision made in the dorsal region under ketamine (75 mg/kg) and xylazine (8 mg/kg) administered intraperitoneally. Experimental research was performed on the left kidney. The animals were randomly divided into 4 groups with 8 animals in each group.

**Group I (Sham Control):** Experimental animals were opened from the right and left sides of the dorsal regions and nephrectomy was performed on the right without any application on the left except incision, and then both sides were covered with 3.0 silk sutures.

**Group II (Ischemia-reperfusion):** The left renal artery was clamped after opening the dorsum of the rats and application of right nephrectomy. The left kidney was subjected to 1 hour of ischemia followed by 24 hours of reperfusion.

**Group III and IV (Ischemia-reperfusion + p-CA 50 mg/kg and 100 mg/kg):** In addition to the surgical procedures in Group II, 50 mg/kg and 100 mg/kg, p-CA was administered by oral gavage to rats, respectively 1 hour before ischemia and 30 minutes before the onset of reperfusion.

After the animals were sacrificed, kidney tissues were stored in a -80 °C freezer for biochemical measurements.

## **Biochemical methods**

Phosphate buffer was added to the tissues for analysis to form 10% homogenate and homogenized on the ice at 12,000 rpm for 1-2 minutes (IKA, Germany). Homogenate tissue samples were centrifuged at + 4  $^{\circ}$ C for 30 minutes at 5000 rpm to obtain the supernatant. The resulting supernatants were tested for TAS, TOS, SOD, malondialdehyde (MDA), and myeloperoxidase (MPO) levels.

MDA levels of homogenate samples were analyzed using the method described by Ohkawa et al.25 TAS (Rel Assay Diagnostics) and TOS (Rel Assay Diagnostics) analyses were performed using commercial kits. OSI was calculated by the following formula.

OSI = ([TOS, mmol H2O2 equivalent / L] / [TAS, mmol Trolox equivalent / L] x 10)).<sup>26</sup>

MPO was based on the kinetic measurement of the absorbance at 460 nm wavelength of the yellowish-orange complex form, which is the result of oxidation of MPO and o-dianisidine in the presence of hydrogen peroxide (H2O2). SOD was calculated after reacting with tetrazolium salt to form formazan dye by measuring the degree of inhibition of this reaction at 560 nm wavelength in the spectrophotometer when the effect of the superoxide SOD enzyme resulting from the enzymatic reactions was insufficient.<sup>27</sup>

### **Statistical Analysis**

SPSS 21.0 program (SPSS Inc. and Lead Tech Inc., Chicago, USA) was used for statistical analysis. The data were expressed as the mean  $\pm$  standard deviation. In the comparison of the parameters, the difference between the two groups was evaluated by the Mann Whitney U test and p <0.05 was considered statistically significant.

## Results

No morbidity and mortality were observed in rats during experimental applications. In the R-IR group, the level of TAS (from  $2.076\pm0.326$  to  $1.311\pm0.166$ , p = 0.000) and SOD (from  $478.139\pm82.335$  to  $262.908\pm13.744$ , p = 0.000) decreased while TOS (from  $6.546\pm0.398$ )

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TANYELİ et al. P-Coumaric Acid in Experimental Renal Ischemia-Reperfusion Model to 9.720 $\pm$ 0.878, p=0.000), OSI (from 0.322 $\pm$ 0.052 to 0.751 $\pm$ 0.104, p=0.000), MPO (from 39430.418 $\pm$ 5647.174 to 70208.207 $\pm$ 27307.594, p=0.008), and MDA (from 77.734 $\pm$ 7.394 to 121.657 $\pm$ 7.633, p=0.000) increased.

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TANYELİ et al. P-Coumaric Acid in Experimental Renal Ischemia-Reperfusion Model When p-CA50 was compared with sham group; SOD (from  $478.139\pm82.335$  to  $408.016\pm38.015$ , p=0.002) decreased, while TOS (from  $6.546\pm0.398$  to  $7.352\pm0.643$ , p=0.009), OSI (from  $0.322\pm0.052$  to  $0.412\pm0.082$ , p=0.020), MPO (from  $39430.418\pm5647.174$  to  $48426.019\pm3309.833$ , p=0.049), and MDA (from  $77.734\pm7.394$  to  $85.901\pm7.741$ , p=0.046) increased.

Then, when p-CA 50 was compared with R-IR group; TAS (from  $1.311\pm0.166$  to  $1.829\pm.0.282$ , p=0.001) and SOD (from 262.908±13.744 to 408.016±38.015, p=0.000) increased, while TOS (from 9.720±0.878 to 7.352±0.643, p=0.000), OSI (from 0.751±0.104 to 00.412±0.082, p=0.000), MPO (from 70208.207±27307.594 to 48426.019±3309.833, p=0.042), and MDA (from 121.657±7.633 to 85.901±7.741, p=0.000) decreased.

Lastly, when p-CA 100 was compared with R-IR; TAS (from  $1.311\pm0.166$  to  $2.057\pm0.167$ , p=0.000) and SOD (from 262.908±13.744 to 445.378±47.744, p=0.000) increased, while TOS (from 9.720±0.878 to  $6.569\pm0.398$ , p=0.000), OSI (from  $0.751\pm0.104$  to  $0.412\pm0.082$ , p=0.000), MPO (from 70208.207±27307.594 to 42035.204±2484.022, p=0.012), and MDA (from  $121.657\pm7.633$  to  $82.587\pm7.786$ , p=0.000) levels statistically changed significantly (Table 1). No statistically significant difference was found between the treatment groups.

Table-1: Mean values of biochemical parameters and comprasion among groups								
Experimental Groups n=8	TAS (mmol/L)	TOS (µmol/L)	OSI (arbitrary unit)	SOD (U/mg protein)	MPO (U/g protein)	MDA (µmol/g protein)		
Group S (Sham kontrol)	2.076±0.326	6.546±0.398	0.322±0.052	478.139±82.335	39430.418±5647.174	77.734±7.394		
Group R-IR (Renal ischemia/ reperfusion)	1.311±0.167	9.721±0.878	0.751±0.104	262.909±13.745	70208.207±27307.594	121.658±7.633		
Group p-CA (Renal ischemia/ reperfusion+ 50 mg/kg p-CA)	1.829±.0.282	7.352±0.643	0.412±0.082	408.016±38.015	48426.019±3309.833	85.901±7.741		
Group IV (Renal ischemia/ reperfusion + 100 mg/kg p-CA)	2.057±0.167	6.569±0.398	0.412±0.082	445.378±47.744	42035.204±2484.022	82.587±7.786		
p value (Meaningful intergroup comparisons)	0.000 (I-II) 0.001 (II-III) 0.000 (II-IV)	0.000 (I-II) 0.000 (II-III) 0.000(II-IV) 0.009 (I-III)	0.000(I-II) 0.000 (II-III) 0.000 (II-IV) 0.020 (I-III)	0.000 (I-II) 0.000 (II-III) 0.000 (II-IV) 0.002 (I-III)	0.008(I-II) 0.042 (II-III) 0.012 (II-IV) 0.049(I-III)	0.000 (I-II) 0.000 (II-III) 0.000 (II-IV) 0.046(I-III)		
p-CA: p-Coumaric Acid; TAS = Total Antioxidant Status; TOS = Total Oxidant Status; OSI = Oxidative Stress Index; SOD=Superoxide Dismutase;								

MPO=Myeloperoxidase; MDA=Malondialdehyde. Data are presented as mean±S.D. p<0.05.

#### Discussion

In the current study, the effect of p-CA on R-IR induced oxidative damage in rats was investigated by biochemical methods. In line with the literature, TOS and OSI activities, which are indicators of reactive oxygen radicals, have been shown to be significantly increased in the R-IR.<sup>28,29</sup> TOS is a marker of the cumulative effect of oxidants in tissue, plasma, or body fluids, while TAS is an indication of the cumulative effect of antioxidants.<sup>30</sup> Oxidative stress status can be evaluated globally by measuring total antioxidant status (TAS) and total oxidative status (TOS).<sup>31,32</sup> Recently, it has

been published that OSI may only show oxidative status more accurately than TOS or TAS.<sup>33</sup> The imbalance between oxidant species and antioxidant molecules is defined as "oxidative stress".<sup>30</sup> Assessment of TOS, TAS, and OSI contributes to the oxidative stress index. When oxidative stress indicator OSI,<sup>34</sup> which shows a redox balance between oxidation and antioxidation, was assessed, an increase in oxidation in R-IR was detected, which was again found to approach baseline values in the treatment groups.

Cell damage is further increased by MDA formation. Another oxidative stress marker, MPO, reacts readily with a variety of biological molecules, leading to tissue damage.<sup>16,35,36</sup> In our study, these parameters increased in R-IR groups but decreased dose-dependently with p-CA administration.

It is known that there are various antioxidant defense mechanisms that remove the harmful effects of toxic oxidants in tissues. One of the role of antioxidants is to protect cell membrane lipids as well as target molecules against oxidation.<sup>37</sup> Oxidant/antioxidant balance shifting in favor of oxidants leads to oxidative tissue damage.<sup>37</sup> Glutathione (GSH), SOD, and catalase (CAT); prevents damage against ROS-dependent lipid peroxidation.<sup>38</sup> Various enzymatic antioxidants, such as SOD and CAT activities, increase to eliminate ROS, therefore, decrease ischemic damage.<sup>10</sup> In one study, SOD significantly reduced in the R-IR model.<sup>18</sup> In our study, it was also shown that decreased SOD levels in the R-IR were increased in the p-CA treated groups, hence, decreased oxidative stress.

P-CA is a phenolic acid that is commonly found in plants and forms part of the human diet.39 Phenolic acid sources include peanut, tea, coffee, wine, and chocolate.<sup>40</sup> The antioxidative mechanism of phenolic acid involves the binding of metal ions, the upregulation of ROS or other precursors and the endogenous antioxidant enzyme, or the repair of oxidative damage in biomolecules.<sup>41</sup> p-CA (4-hydroxycinnamic acid) is produced by plants as secondary metabolites.<sup>42</sup> p-CA and its derivatives play an important role in situations such as infection, food insufficiency, and injury.<sup>42</sup> Its effects on the prevention of platelet aggregation have been reported as well as its antidiabetic, antihyperlipidemic, anticancer, antimicrobial, anti-inflammatory, anti-ulcer, anxiolytic, antipyretic, analgesic, anti-arthritic, antioxidant, and neuroprotective effects.<sup>43-45</sup> In a study conducted, the level of MDA decreased significantly with the application of p-CA<sup>46</sup> and increased SOD, CAT, and GSH levels in the damage groups. Another study demonstrated that p-CA has a protective effect against myocardial infarct size in rats.<sup>47</sup> The antioxidant effect of p-CA has been shown via TAS and TOS.<sup>48</sup> p-CA has been shown to improve recovery in rat hearts with increasing antioxidants such as SOD, GSH, and CAT and decreasing MDA in oxidative stress induced by doxorubicin.<sup>43</sup> ROS formation and destruction in healthy cells are protected by a radical scavenger system containing antioxidants such as CAT, SOD, and GSH.<sup>49</sup> Oxidative stress may be a consequence of increased ROS formation and/or decreased antioxidant defence.<sup>50,51</sup>

P-CA has been shown to reduce inflammation and lipopolysaccharide-induced depressive symptoms in rats.<sup>52</sup> The protective effect has been shown in mice by increasing the antioxidant level of p-CA in a carbon tetrachloride-induced hepatotoxicity model.<sup>53</sup> It has been shown that p-CA also increases antioxidants in the rat heart tissue.<sup>54</sup> p-CA has been shown to reduce cytotoxicity and oxidative stress induced by glyoxal or methylglyoxal.<sup>55</sup> p-CA inhibits lipid peroxidation with its antioxidant properties in bovine aortic endothelial cells exposed to high glucose and arachidonic acid.<sup>56</sup> p-CA has been shown to suppress lung inflammation due to cigarette smoke in rats.<sup>57</sup>

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TANYELİ et al. P-Coumaric Acid in Experimental Renal Ischemia-Reperfusion Model p-CA has been shown to improve inflammation and reduce cartilage and bone erosion in rats with rheumatoid arthritis model.<sup>58</sup> p-CA has also been shown to reduce the hippocampal neurodegeneration progress with its antioxidant and anti-inflammatory activities in the brain of diabetic rats.<sup>59</sup> It has been shown that p-CA suppresses the inflammation caused by monosodium urate crystals in rats.<sup>60</sup> P-CA has been shown the immunomodulatory and anti-inflammatory effect on experimental inflammation in rats.<sup>61</sup>

In this study, oxidant-antioxidant and inflammation parameters in the R-IR injury model using p-CA were examined by biochemical method. The effect of p-CA on R-IR injury and the oxidative stress and inflammation process during IR have not been studied in the literature. In this context, by showing the effects of p-CA on oxidant-antioxidant parameters and inflammation process in the R-IR model, this research aimed to fill the gap in the literature and lead the future studies to be conducted in this field.

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