

Role of 6-Shogaol Against Ovarian Torsion Detorsion-Induced Reproductive Organ Damage

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	Abstract: 6-Shogaol (SHO) was examined on ovarian torsion
Article History	detorsion (T/D) rat model to find out the potential beneficial results
Received 30 May 2020 Accepted 01 June 2020 Published Online 15 June 2020	exist or not. 4 groups were composed to establish the experimental
	step. Sprague-Dawley female rats were used in the experiment.
	Each group included 8 rats and 32 rats were examined totally.
Dr Ayhan Tanyeli Department of Physiology, Faculty of Medicine, Atatürk University, Erzurum, 25240, Turkey, Phone: +905073631654, E-mail: ayhan.tanyeli@atauni.edu.tr ORCID:http://orcid.org/0000-0002-0095-0917	(DMSO) and T/D+SHO groups. Sham group: Only abdominal incision was performed and closed without any additional process. T/D group: 3 hours torsion and 3 hours detorsion process were established following the abdominal incision. T/D+DMSO group: 0.3 ml of DMSO was given as intraperitoneal 30 minutes before detorsion. T/D+SHO group: SHO was administered as intraperitoneal 30 minutes prior to detorsion. At the end of the experiment, high doses of anesthesia were preferred for the
	to obtain samples. Ovidative and pro-inflammatuar biomarkers such
	as MPO activity OSL II $_{1B}$ MDA TNE _G and TOS levels elevated
	significantly but TAS and SOD levels diminished in T/D group
	compared to sham group. On the other hand, SHO administration
	provided a decrease in oxidant and pro-inflammatuar parameters and elevated TAS and SOD levels, antioxidant mediators. Consequently,
	SHO demonstrated beneficial activity by protecting the ovarian
	tissues against ovarian injury induced by experimental T/D rat model. $©$ 2020 NTMS.
	Keywords: 6-Shogaol, Torsion Detorsion, Ovary, Rat.

1. Introduction

Ovarian torsion (O/T) is described as the partial or total rotation of the ovary and/or fallopian tube around the vascular axis (1). It is a gynecological emergency and frequently observed in reproductive years, especially in mid-20s (2). Reperfusion damage might be greater than ischemic harm which is also called ischemia reperfusion (I/R) injury (3). Ovarian torsion detorsion (T/D) reduced ovarian reserve levels and just surgical interventions are inadequate to cope with the loss in ovarian reserves (4). Thereby, studies performed recently aimed to struggle against ovarian damage induced by ovarian T/D. In the main, molecules with anti-inflammatory and antioxidant features were examined (5-7).

Detorsion increases oxygen levels in ovarian tissues due to enhanced vascular reperfusion. Elevation in oxygen levels increase reactive oxygen species (ROS) production and thus causes tissue injury (8-10). ROS are detrimental to tissues because of lipid peroxidation.

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They play role in lipid peroxidation and thus, malondialdehyde (MDA) formation. MDA is a harmful molecule for cells (11). Total oxidant status (TOS) shows the oxidant activity while total antioxidant status (TAS) reflects the antioxidant actions (12). Interleukin-1 beta (IL-1 β), tumor necrosis factor-alpha (TNF- α) and the other pro-inflammatory cytokines were found related with ischemic tissue injury in several studies (13, 14). Myeloperoxidase (MPO) exists in neutrophils and plays role in hydroxyl radical formation (15).

Various molecules have been used to cope with several organ injuries induced by I/R (16-20), but 6-Shogaol (SHO) has not been examined yet. SHO has been noted with a variety of properties such as anti-inflammatory (21) and antioxidative (22) features. SHO alleviated neuro-inflammation and eased cognitive deficits in an animal dementia model (23). Here, it was aimed to evaluate the possible beneficial effects of SHO against ovarian tissue injury.

2. Material and Methods

2.1. Experimental Animals and Ethical Approval

Atatürk University Experimental Animal Ethics Committee was the competent authority to confirm the study (07.11.2019/205). Atatürk University Experimental Animals Research and Application Center was preferred to follow out the experimental protocols and the animal care. They were housed in laboratory conditions including 12/12-h light and dark cycles, humidity of $55\pm5\%$, polypropylene-individual cages and a constant temperature of 22 ± 2 °C. Standard rat feed and tap water were free to reach. The rats were fasted 12 hours prior to experiment but allowed to drink water.

2.2. Pre-operative Preparation

As a single species, 32 Sprague-Dawley female rats, each weighing 240-270 g were used to carry out the experiment. They were fastened up in supine position. For each rat, hair was removed from abdominal surgical site and surgical space was cleaned with povidone-iodine. 10 mg/kg i.p. xylazine hydrochloride (Rompun®, Bayer, İstanbul) and 60 mg/kg i.p. ketamine (Ketalar®, Pfizer, Istanbul) were used as anesthetic. SHO and Dimethyl sulfoxide (DMSO) were obtained from Sigma Aldrich Corporation.

2.3. Groups and Experimental Procedure

The rats were grouped randomly (4 groups, n=8). Sham group: Following the pre-operative preparations, abdominal area was incised and closed with 3-0 silk suture. T/D group: Surgical procedure was performed as in sham group and T/D model was carried out as described in a previous study (24).

The ovaries, fallopian tubes and vascular structures were spun in clockwise 360 degrees and fixed via atraumatic clamps for 3 hours to block blood flow (torsion period). Following 3 hours, the clamps were removed to provide blood circulation for 3 hours (detorsion period). T/D+DMSO group: Exactly same steps were followed with T/D group but DMSO was given 0.3 ml intraperitoneally (i.p.) to the rats 30 minutes prior to detorsion. T/D+SHO group: Procedures in T/D group were applied but 20 mg/kg SHO was administered i.p. to the rats 30 minutes before detorsion period (25). When the experiment is over, ovarian tissues were excised and cleaned by washing and kept frozen until the analysis.

2.4. Biochemical Measurements

MDA assessment was performed due to lipid peroxidation determining by the methods of Ohkawa et al (26). Superoxide dismutase (SOD) activity determination depends on the protocol described by Sun et al (27). MPO activity is gauged using a method belongs to Bradley et al (28). TAS and TOS values were gauged via appropriate kits (Rel Assay Diagnostics). TOS to TAS ratio was used as the oxidative stress index (OSI). IL-1 β and TNF- α levels were measured by commercially available kits (Elabscience, Wuhan, China).

2.5. Statistical Analyses

SPPS (version 20.0, for windows) programme was preferred for the data evaluation. One-way ANOVA test was used for data. For multiple comparisons, Tukey HSD test was performed. The results were demonstrated as Mean±Standard Deviation (SD). It was accepted as statistically significant when p value was below 0.05.

3. Results

No animal death has occurred as a result of surgical interventions in the experimental groups. Biochemical results were demonstrated in Table 1, Figure 1 and 2. MDA, TOS, MPO and OSI levels elevated but TAS and SOD values declined in T/D and T/D+DMSO groups compared to sham group. SHO administration significantly reduced the oxidative parameters and elevated antioxidant mediators (Table 1 and Figure 1, p<0.001). In addition, in the presented study, it was found that pro-inflammatory cytokine levels (TNF- α and IL-1 β) in the tissue increased significantly due to T/D, while this cytokine levels decreased especially in the SHO treatment group (p<0.001, Figure 2).



Figure 1: Mean±SD results of TAS, TOS and OSI levels belonging to all experimental groups. Green "a" demonstrates increase in TOS activity, red "a" shows elevation in OSI value and blue "a" means decrease in TAS level of T/D and T/D+DMSO groups. Green "b" reflects decrease in TOS activity, red "b" signs decline in OSI level and blue "b" shows elevation in TAS value of T/D+SHO group.

Figure 2: Mean±SD results of TNF- α and IL-1 β level(s) belonging to all experimental groups. ^ap<0.001 compared to sham group. ^bp<0.001 compared to T/D group.

Table 1: Mean±SD results of SOD, MPO activities and MDA levels belonging to all experimental groups.

	Sham	T/D	T/D+DMSO	T/D+SHO
SOD (U/mg protein)	403,42±40,79	157,72±8,08 ^a	161,08±8,86 ^a	397,36±27,75 ^b
MPO (U/g protein)	221667,60±16872,18	622968,94±50354,88ª	647563,92±41799,52ª	243475,92±23078,63 ^b
MDA (µmol/g tissue)	58,07±2,38	129,04±11,49 ^a	129,68±6,40 ^a	64,78±4,68 ^b

^ap<0.001 compared to sham group. ^bp<0.001 compared to T/D group.

4. Discussion

O/T is the interruption of arterial supply due to the twisting of ovary and sometimes fallopian tube (29). Women, particularly in first three decades, expose to O/T which prevents blood flow and results in ovarian tissue injury (30). Women in reproductive age are more affected and thus, early intervention is crucial for the maintaining of fertility. Thereby, coping with torsion via applying detorsion is more valuable than applying the adnexectomy process (31). Detorsion is performed to able to restore blood flow to ovaries but on the other hand, it may lead to a much more damage than the ischemia did (32). This increased damage is related with high free oxygen radical levels which are generated due to excessive oxygen supply during reperfusion (33) and it is called as I/R injury (3).

Various studies have been carried out but a thoroughly mechanism for I/R still remains unclear. Nevertheless, free oxygen radicals have been linked to I/R injury (34). ROS leads to cell membrane, mitochondrial and DNA damage through lipid peroxidation and also induces cytokine generation (35). It has been presented oxidative stress related tissue injury in different experimental animal models (36-39). Ovarian I/R pathophysiology includes several factors and especially inflammation, oxidative stress and free oxygen radicals play a main role (40). MDA value raises during oxidative stress and high MDA levels point out lipid peroxidation (3).

MDA ruins membrane permeability and separates the cells (41). ROS occurs as a part of aerobic metabolism and it is scavenged by antioxidant system components including SOD (42). Antioxidant enzymes including SOD prevent oxidative stress (43). TAS and TOS are beneficial parameters on considering I/R injury (44). TAS and TOS have negative correlation between each other (12, 45). MPO is produced by neutrophils and plays role in hydroxyl radical generation (15). IL-1 β and TNF- α are the samples of pro-inflammatory cytokines and show up in the beginning of inflammation. They induce neutrophil infiltration and release of free radicals (46, 47).

Various molecules which have antioxidant and antiinflammatory effects were examined in different tissues to observe possible beneficial effects against I/R injuries (48-52). Ginger (Zingiber officinale rhizome) is a widespread medicinal herb preferred in traditional medicine especially for cough, asthma and cold (53). SHO, with high levels in ginger, performs antiinflammatory and antioxidant features (54). SHO has been found effective against Alzheimer's disease, cerebral ischemia, sepsis-induced neuro-inflammation and Parkinson's disease (55, 56). In several studies, SHO performed beneficial activities against inflammation, neuronal damage and even cancer (23, 56, 57-59).

Here, SHO was examined in ovarian T/D model in order to determine the potential beneficial effects against ovarian injury. In T/D and T/D+DMSO groups, TAS and SOD values diminished while OSI, MDA, TNF- α , MPO, TOS and IL-1 β levels elevated compared to sham group. SHO treatment reversed these parameters. And in the light of these data, SHO reduced tissue injury in ovarian T/D rat model.

5. Conclusions

SHO attenued T/D-induced ovarian tissue injury. SHO succeed the amelioration activity through its antioxidant and anti-inflammatory features. As a natural herb derived agent, SHO may be a new potential molecule as to be evaluated in T/D related ovarian tissue injuries.

Conflict of interest statement None

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